



Hidden Valley Center for Men  
P.O. Box 392  
Soquel, California 98053  
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## MISSION

Hidden Valley Center for Men, a California non-profit organization, was founded in 1983 for the purpose of educating and training men in skills which will help them grapple successfully with the personal and interpersonal challenges caused by today's changing male roles, working conditions and social expectations. ■

# PROGRAMS

Hidden Valley Center has conducted seminars and workshops and delivered keynote addresses across the United States and abroad for organizations, corporations and groups of men interested in improving their lives and lifestyles.

Hidden Valley Center programs cover such topics as:

- Men and women in conflict, intimacy and commitment.
- Anger and the helping professional.
- Men and women working together.
- Marriage and family in the high-tech environment.
- Marriage preparation for men.

Locally, the Center sponsors weekly support groups for men and coaches individual men in matters of lifestyle and relationships. The Center also keeps men informed, by telephone and newsletter, of events and opportunities for their personal development. ■

# SERVICES

Hidden Valley Center provides further services to individuals and organizations by:

- Designing educational programs and study materials for men.
- Consulting with organizations and assessing needs in the area of communication between men and women.
- Briefing women about men's attitudes, behavior and language.
- Conducting action oriented research on gender issues. ■



### **Board of Directors**

Our board, which is composed of executives from the fields of mental health, medicine, law and industry, takes an active role in shaping the policies and promoting the work of Hidden Valley Center. ■

### **Clients**

Hidden Valley Center for Men offers a regular schedule of public programs. In addition, the Center is currently conducting programs for:

- The Board of Corrections of the State of California
- Cabrillo College, Aptos, California
- Dominican Hospital, Santa Cruz, California
- The Far West Center, Westlake, Ohio
- Hartnell College, Salinas, California
- Flextronics, Newark, California
- Lockheed Wellness, Santa Clara, California
- Management Centre Europe, Brussels, Belgium
- The Medical College of Ohio, Toledo, Ohio
- New Beginnings, Camarillo, California
- NTL Institute, Arlington, Virginia
- Oasis Center for Human Potential, Chicago, Illinois
- Oberlin College, Oberlin, Ohio
- The Rape Crisis Center, Monterey, California