

# OASIS CENTER FOR HUMAN POTENTIAL

JOURNAL TECHNIQUES  
FOR PERSONAL AND  
PROFESSIONAL USE

George F. Simons

September 23, 24, 25

## JOURNAL

## TECHNIQUES

This is a weekend workshop for persons who use or would like to begin to use a notebook or journal for their own personal growth, as a tool for education, for spiritual journeying and for therapy. We will experience the journal-keeping process of writing, reflection and reading. Some time, however, will be set aside for didactic presentation and discussion of journal techniques and strategies, how to process the journal over longer time periods and how to use the journal with others. We shall use an approach which guards the essentially private nature of the journal while offering the possibility of sharing and interaction for those who wish to use it. Participants should bring their own journals and suitable writing materials.

GEORGE F. SIMONS, a Roman Catholic clergyman, has completed work on an interdisciplinary doctorate in psychology and theology at Claremont and received the diploma of the Gestalt Training Center, San Diego. As a Danforth-Underwood Fellow in 1975, he developed and tested numerous strategies for personal growth, education and ministry.

In previous years, George Simons taught in the Human Development Program at Oberlin College and at Case-Western Reserve University. He has been a campus minister for more than a dozen years and a pastor for more than seven.

Books he has written include the following:

*Reflections, Friends, Lovers*  
*Journal For Life: Foundations*  
*Journal For Life: Theology From Experience*  
*A Celebrant's Workbook*  
*A Heart Not in Hiding* (in preparation)

Place: Residence: 1830 N. Hudson,  
Chicago

Time: Friday: 7:30 p.m.-10:30 p.m.  
Saturday: 10:00 a.m.-6:00 p.m.  
Sunday: 10:00 a.m.-2:00 p.m.

Fee: \$50.00 (Members: \$45.00)  
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